



Cabin and Trail Leader Requirements



REQUIREMENTS

<i>Education</i>	<ul style="list-style-type: none"> WFA certification (with CPR) <i>OR</i> First Aid & CPR Attend Group Dynamics and Risk Assessment classes Spend at least one night in a DOC cabin
<i>Co-leads</i>	<ul style="list-style-type: none"> Complete at least two co-leads <ul style="list-style-type: none"> No restrictions on the nature of these trips; Heelers should lead whatever interests them The Heeler should do all of the logistical work (e.g. blitzing trippees, reserving a vehicle, buying food, etc.) for one of these trips
<i>Meeting</i>	<ul style="list-style-type: none"> Ascensions meeting will be held at the end of every term and/or during the term if there is interest A Heeler who has met the above requirements can attend meeting; if majority of CnT Leaders present vote in favor, then the Heeler Ascends (i.e. becomes a Leader)

PRIVILEGES

- Become a CnT Leader, get a sweet patch, take part in Ascensions, etc.
- Lead trips from a list of approved short/safe trips

Optional Certifications

Wilderness Certification

REQUIREMENTS

- WFA (with CPR) or higher certification (e.g. WFR, W-EMT, OEC, etc.)
- Take part in a hands-on orienteering course
- Take part in an outdoor fire-building course
- Take part in a full day of work on a DOC-maintained trail or cabin
- Have co-led at least three trips (including the two required for Ascension)
 - Of these trips, one must be an overnight trip, and one must be a full-day trip
 - The overnight and full-day requirements can be fulfilled on the same trip, and *at any point in the leadership process*
- Certification meeting will be held after the Ascensions meeting; must receive approval of majority of Wilderness-Certified leaders at meeting

PRIVILEGES

- Lead any trip, with the exception of multi-day winter trips (e.g. Cabinhopping) or above-treeline winter trips

Winter Certification

REQUIREMENTS

- Must already have Wilderness Certification
- Complete an overnight, hands-on winter skills course taught by a qualified member of OPO; topics will include management of cold/frostbite/hypothermia, snow/ice travel and self arrest, emergency shelter building, route assessment, etc.

PRIVILEGES

- Lead any trip, including multi-day winter trips and above-treeline winter trips

Advice to the Heeler

- Seek feedback! Talk about your progress with your mentor, review your trips with your co-leaders, and come to the Heeler meetings – it's the best way to learn how you can improve your leadership skills.
- Completing these requirements does not guarantee that you will Ascend – the leader body still needs to vote on every potential new leader. Many of CnT's current leaders did not Ascend the first time they tried, so don't worry about it too much! Often, we just want you to get a bit more experience.
- You can Ascend and get Certifications simultaneously – many of the requirements overlap, so it's not too hard.
- Have fun, and lead whatever trips you want! We're super excited that you're interested in being a CnT leader!